

Who Helps With What?

A simple guide to the people and services that may support your parent.

Non-Medical Home Care. Helps with everyday life at home, including companionship, bathing, dressing, meals, errands, transportation, light housekeeping, and respite for family caregivers.

Home Health. Provides skilled medical care ordered by a physician, such as nursing, physical therapy, occupational therapy, or wound care. This is usually short-term and based on a medical need.

Hospice. Supports people with a life-limiting illness and their families with comfort-focused medical care, symptom management, emotional support, and end-of-life services.

Senior Living Communities. May include independent living, assisted living, and memory care, with varying levels of housing, meals, activities, supervision, and personal support.

Care Manager / Aging Life Care Professional. Helps families assess needs, coordinate services, communicate with providers, and manage more complex care situations.

Senior Placement Services. Helps families research and compare assisted living, memory care, and other residential options.

Elder-Law Attorney. Helps with legal planning such as powers of attorney, estate planning, guardianship, Medicaid/ALTCS planning, and other aging-related legal issues.

Fiduciary. May help manage finances and may serve as an agent under a power of attorney, guardian, conservator, trustee, or in other decision-making roles when appropriate.

You may need more than one kind of support. These professionals often work together.

You do not have to know exactly who to call first. Start with the problem you are trying to solve.

From the Sunland HOME Plan

Honor What Matters.

Observe the Pattern.

Map the Next Best Step.

Engage the Right Support.

Not sure what your parent needs? Tell us what you're seeing. We'll help you think through the next step.

Call Sunland Home Care:
480-447-8893



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HOME CARE

SunlandHomeCareAZ.com
480-447-8893



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